

# AREA RESOURCES DIRECTORY

As members of our cooperative, your safety and well-being are our top priorities. This directory has been crafted to cater to the unique needs and concerns of our community with an emphasis on our Senior Citizens. In an era where health and safety concerns are paramount, this directory serves as a centralized hub for vital local information, guidance, and resource. By putting this in your hands and by fostering a culture of proactive health and safety awareness, we aim to strengthen the bond between our cooperative and its members, ensuring that together, we can navigate any challenges and create a safer, more resilient community.

## Legal Aid

**Legal Aid of East Tennessee  
Chattanooga Area**  
423-756-4013 ; laet.org

**Legal Aid Society of Middle Tennessee  
and the Cumberland**  
931-455-7000; las.org

## Senior Nutrition Programs

**Bledsoe County Senior Citizens Center**  
148 Frazier St., Pikeville  
423-447-6111  
JoAnn Britt, Site Coordinator/Director

**Gruetli-Laager Senior Activities Center**  
32377 Highway 108, Gruetli- Laager  
931-779-5494  
Sarah Beth Gomer, Director

**Helping Hands, Helping Hearts**  
385 2nd Ave., Suite 6, Dayton  
423-827-7421 — Cathy Swafford  
Food pantry & medical supplies for elderly and disabled.

## Food Banks

**Bledsoe County Community Food Bank**  
384 Cumberland Ave., Pikeville  
423-447-3325 — call for information on times, dates,  
and mobile delivery locations.  
visit [bledsoefoodbank.org/](http://bledsoefoodbank.org/)

**First Southern Baptist Church**  
2827 Main St., Pikeville  
423-447-2849  
**Food Bank:** Tues, Wed, Fri; 9am–2pm  
(except first and third Tuesdays of each month).  
**Clothing Closet:** first and third Tues. of each month,  
1–3pm.

**Lee Station House of Hope**  
10109 Old State Highway 28, Pikeville  
423-667-2287  
Mon-Thurs, 10am–3pm

**Sequatchie Valley Baptists Community  
Kitchen**  
300 Cornerstone Drive, Jasper  
423-942-1019  
Last Saturday of the month.

**Morton Memorial UMC Ministries**  
322 W. Main St., Monteagle  
931-924-2192, [mortonmemorialumc.com](http://mortonmemorialumc.com)  
Second Saturday of each month; 8–10am

**Sequatchie County Fellowship of Churches  
Food Bank**  
103 Heard St., Dunlap  
423-949-7716  
Monday, 9am–noon; Wednesday, 1–4pm  
Will assist with utility bills when subject to  
disconnection.

## Tennessee Department of Health County Offices

### **Bledsoe County**

334 Frazier St., Pikeville  
**423-447-2149**

### **Grundy County**

1372 Main St., Altamont  
**931-692-3641**

### **Marion County**

24 E. Seventh St., Jasper  
**423-942-2238**

### **Sequatchie County**

16939 Rankin Avenue, Dunlap  
**423-949-3619**

- Immunizations — flu, pneumonia, tetanus, etc
- COVID-19 testing, information and vaccinations
- Primary healthcare sites in Grundy and Sequatchie counties. All uninsured Tennessee residents ages 19-64 are eligible to take advantage of these services.

## Social Security Administration

### **Chattanooga SSA Office**

**+1-866-964-0029**

### **McMinnville SSA Office**

**+1-877-616-2515**

## Area Resource Agencies

### **Area Agency on Aging and Disability**

P.O. Box 4757, Chattanooga, TN 37405

**1-866-836-6678**

- Supplemental Nutrition Assistance (SNAP)
- Home-delivered meals
- Homemaker services
- Help with Medicare questions/SHIP
- CHOICES enrollment – in-home services
- National Family Caregiver Support Program
- Relative Caregiver Program
- Options for community living
- Senior centers and more

### **Southeast Tennessee Human Resource Agency (SETHRA)**

**Sequatchie County** (Headquarters)

P.O. Box 909, Dunlap (312 Resource Road)

**423-949-2191**

### **Bledsoe County**

2531 Main St. No. 2, Pikeville

**423-447-2444**

### **Grundy County**

27 Phipps St., Coalmont

**931-592-8260**

### **Marion County**

110 Gamble Lane, Jasper

**423-942-5946**

- Low Income Energy Assistance Program (LIHEAP)
- In-home homemaker services
- Pharmaceutical Assistance
- Rural transport services
- Home weatherization program
- Commodity food distribution

If you have any helpful resources to add to this list, please let us know by emailing [lhutchins@svalleyec.com](mailto:lhutchins@svalleyec.com). We will update the online directory as we receive new information. Take some time to help us connect the community with even more useful resources.